

TRURO CENTER



FOR THE ARTS

PO Box 756, Truro, MA 02666

phone: 508-349-7511 email: info@castlehill.org

BEYOND BOUNDARIES: MEDITATIVE MEDIUMS

Instructor: Cicely Carew

Monday - Friday

August 26 - 30

9am - 12pm

5 sessions

Open Studio: Mon - Thurs , 1 - 4pm

Location: Edgewood Farm, 3 Edgewood Way, Truro

This is a list of suggested supplies to get the most out of your workshop experience. This comprehensive list ensures you have a well-rounded set of materials to fully explore and express your creativity during the workshop. Castle Hill has a supply of easels for use, but if you have one that you prefer- feel free to bring it to class.

- **Paper:** Opt for small mixed media paper (personal preference) or consider working in a journal. Strathmore 400 Series Mixed Media Paper is a great choice.
- **Paint:** Utilize both watercolor and acrylic paints. Watercolor pencils can add unique effects to your work.
- **Mark Making Items:** Experiment with textures using plastic mesh, bubble wrap, cardboard, string, and even your fingers.
- **Variety of Paint Brushes:** Ensure you have brushes of different sizes and shapes for versatile application.
- **Scissors:** A fundamental tool for cutting and shaping various materials.
- **Glue Stick:** UHU is recommended, or opt for acrylic medium if you're using acrylic paint.
- **Markers, Pens, and Pencils:** Include waterproof and water-soluble writing and drawing materials. Paint markers add a vibrant touch.
- **Collage Materials:** Gather a variety of ephemera, including colored or patterned papers, craft paper, security envelopes, and maps. Incorporate meaningful materials like photos, old artwork, and magazine images.
- **Gel Mediums:** Enhance textures and finishes in your artwork.
- **Metallic Leaf:** Introduce a touch of luxury with gold or silver leaf.
- **Specialty Papers:** Elevate collages with unique textures.
- **Fine-Tip Applicators:** Achieve precision in detailing.
- **Embossing Powder & Heat Gun:** Experiment with glossy, raised effects.

- **Wooden Panels:** Consider using wooden panels for a different surface texture.
- **Spray Fixative:** Seal and protect your finished pieces.
- **Artist-Grade Paints:** Upgrade to professional-grade paints for richer pigments.
- **Charcoal or Pastels:** Add dynamic, smudgable elements to your creations.
- **Artist Easel:** For comfort and support, especially for larger works.

We're sorry, but you cannot put contaminated liquid down the drains! Please take home any solvents or paint mediums after your workshop. Rags are provided for clean up, and must be disposed of in the proper fire-safe bins if used. Thank you for your cooperation!